



Resources to Inspire Adventure

To inspire and fuel future adventures during the self-quarantine period

Videos to inspire Adventure:

1. [The Road from Karakol](#)
2. [180 Degrees South Trailer](#)
3. [A Kayakers Solo Adventure In India | with Nouria Newman](#)
4. [The Eternal Beauty Of Snowboarding](#)
5. [No Man's Land Film Festival Page](#)
6. [The Primary Source - Running the Río Marañón](#)

Podcasts to inspire Adventure:

1. [Dirt Bag Diaries Podcast](#)
 - a. Recommended: [Winnebago Warriors](#)
 - b. Recommended: [Widge](#)
 - c. Recommended: [Pedal Strokes and Perspective](#)
2. [Outside Podcast](#)
 - a. Recommended: [The Woman Who Rides Mountains](#)
 - b. Recommended: [Sweat Science: Don't Waste Your Breath](#)
 - c. Recommended: [When Nature Gets Heavy Metal](#)
 - d. Recommended: [Bundyville: The Remnant](#)
 - e. Recommended: [Bee Still My Heart](#)

Books to inspire Adventure:

1. [Desert Solitaire by Edward Abbey](#)
2. [The Alchemist by Paulo Coelho](#)
3. [You & a Bike & a Road by Eleanor Davis](#)
4. [The Lost City of the Monkey God by Douglas Preston](#)
5. [The Old Man and the Sea by Ernest Hemmingway](#)
6. [A Walk in the Woods: Rediscovering America on the Appalachian Trail by Bill Bryson](#)
7. [The Monkey Wrench Gang by Edward Abbey](#)

Have any recommendations you want to see added to the list? Email them to ldonlon@richmond.edu ! We will be posting future updates with more adventure resources and planning tools to come. Stay healthy and stay (virtually) connected!