



Visiting Team Guide

Welcome!

The philosophy of sport clubs at University of Richmond is to be inclusive and provide opportunities to the entire university community to create a fun and positive environment.

This guide will provide staff contact information, facility locations/parking, hospital information (in case of emergency), hotel accommodations, and facility emergency response plans.

University of Richmond Sport Clubs:

Badminton
Baseball
Basketball (M)
Basketball (W)
Climbing
Crew
D-Squad
Equestrian
Field Hockey
Golf

Ice Hockey
Lacrosse (M)
Lacrosse (W)
Martial Arts
Rugby (M)
Rugby (W)
Soccer (M)
Soccer (W)
Squash
SpinnURs

Roundnet/Spikeball
Swim Club
Synchronized Swimming
Tennis
Ultimate Frisbee (M)
Ultimate Frisbee (W)
Volleyball (M)
Volleyball (W)
Water Polo

Sport Club Administration Contact Information:

Wendy Sheppard MS, LAT, ATC
Assistant Director of Sports and Risk Management
wsheppar@richmond.edu
804-287-6001

Allison Rose MS, LAT, ATC
Athletic Trainer
arose@richmond.edu
804-287-6859

Hanan Sadek
Budget Coordinator
hsaid@richmond.edu
804-289-8906

Facility Locations and Parking:

Located six miles west of downtown Richmond, VA, the University of Richmond sits on a 350 wooded acre campus easily accessible by car from I-95 from the north or south, and I-64 from the east or west.

Directions to Campus:

<https://www.richmond.edu/visit/directions.html>

Campus Map:

<https://www.richmond.edu/visit/maps/print/campus.pdf>

Parking Map:

<https://www.richmond.edu/visit/maps/print/parking.pdf>

Weinstein Center for Recreation

361 College Road
Richmond, VA 23173

Sport Clubs: Basketball (M/W), Badminton, D-Squad, Martial Arts, SpinnURs, Synchronized Swimming, Swim Club, Volleyball (M/W), Water Polo, Wrestling

Parking: Lot C61 visitors should park in Auxiliary lot

Intramural Fields

159 UR Drive
Richmond, VA 23173

Sport Clubs: Lacrosse (M/W), Quidditch, Rugby (M/W), Soccer (M/W), Spikeball, Ultimate (M/W)

Parking: Lot U21 (unless special events are scheduled); Lot W87, W85

River Road Fields

444-448 Westhampton Way
Richmond, VA 23173

Sport Clubs: Lacrosse (M/W), Quidditch, Rugby (M/W), Soccer (M/W), Ultimate (M/W)

Parking: Lot W87 & W85

Crenshaw Field

445 Westhampton Way
Richmond, VA 23173

Sport Clubs: Field Hockey

Parking: Lot W87 & W85

Westhampton Tennis Courts

426 Westhampton Way
Richmond, VA 23173

Sport Clubs: Tennis

Parking: Lot W84

Off-Campus Locations**Richmond Ice Zone**

636 Johnston Willis Dr.
North Chesterfield, VA 23236

Sport Clubs: Ice Hockey

Downtown YMCA

2 W Franklin Street
Richmond, VA 23220

Sport Clubs: Squash

University of Richmond Boathouse

4400 E Main St
Richmond, VA 23231

Sport Clubs: Crew

Hidden Hills Stables

16120 Genito Road
Moseley, VA 23120

Sport Clubs: Equestrian

Peak Midlothian

11421 Polo Circle
Midlothian, VA 23113

Sport Clubs: Climbing

Peak Richmond

1375 Overbrook Road
Richmond, VA 23220

Hospital/Minor Medical

St. Mary's Hospital
5801 Bremo Road
Richmond, VA 23226

Henrico Doctor's Hospital – Forest Campus
1602 Skipwith Road
Richmond, VA 23229

CareNow Urgent Care
1380 N Parham Road
Richmond, VA 23229

Accommodations

Hampton Inn & Suites
5406 Glenside Drive
Richmond, VA 23226
804-756-1777

Courtyard by Marriott
6400 West Broad Street
Richmond, VA 23230
804-359-6061

Please feel free to contact Wendy Sheppard if you need hotel suggestions.

Policies and Procedures

The University of Richmond is committed to providing a safe and inclusive environment for both the athletes and our fans. Listed below are our different policies regarding behavior, tobacco use, field policies and general rules.

Behavior:

Inappropriate behavior which is not to be tolerated includes (list not all inclusive):

- Verbal Abuse
- Physical Abuse
- Mental Harassment
- Obscene Gestures or Actions
- Abuse of Staff in any Form

University Recreation Facility General Rules:

- Alcohol, smoking, and tobacco products are prohibited.
- Illegal weapons are prohibited.
- Drinks in closed, re-sealable plastic containers are allowed. Glass containers are not allowed.
- Participants are responsible for any damages to the facilities and proper disposal of trash.
- Participants are expected to exhibit proper conduct and respect the rights of others. Individuals who engage in unacceptable, unsafe or irresponsible behavior may have their access to the facilities revoked, modified, and/or subjected to further university disciplinary action.
- No unauthorized vending (only vendors that have been approved in advance)

Outdoor Facilities:

- NO METAL CLEATS on IM Fields
- No hitting of golf balls and no archery on Fields or grassy areas.
- Fields may be closed due to inclement weather (lightning, snow).
- University of Richmond and University Recreation reserve the right to discontinue activities at any time.

Emergency Response Plans

Emergency Plan: **Crenshaw Field**
445 Westhampton Way Richmond, VA 23173

Emergency Personnel: certified athletic trainer and/or Safety Officers on site for practice and competition

Emergency Communication: Cellular phone of athletic trainer/coach/Safety Officer and/or blue light emergency phone located next to Keller Hall. A phone is also located inside Modlin Center.

Emergency Equipment: Sport Club First Aid kit

- AED located inside Modlin Center
- Additional emergency equipment accessible from Weinstein Center Sport Club Athletic Training Room.

Roles of Safety Officers/First Responders

1. Immediate care of the injured or ill student-athlete
2. Activation of emergency medical system (EMS)
 - Call University Police at 289-9111 (8911 from fixed telephone line): provide name, location of field, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested.
3. Emergency equipment retrieval
4. Direction of EMS to scene
 - Designate individual to "flag down" EMS and direct to scene
 - Scene control: limit scene to first aid providers and move bystanders away from area.

Venue Directions: 445 Westhampton Way Richmond, VA 23173: Enter University off onto College Road and turn onto Westhampton Way. Take the first Right onto Crenshaw Way. Follow road to bottom of parking lot. Crenshaw will be on the left next to Keller Hall and Modlin Center.

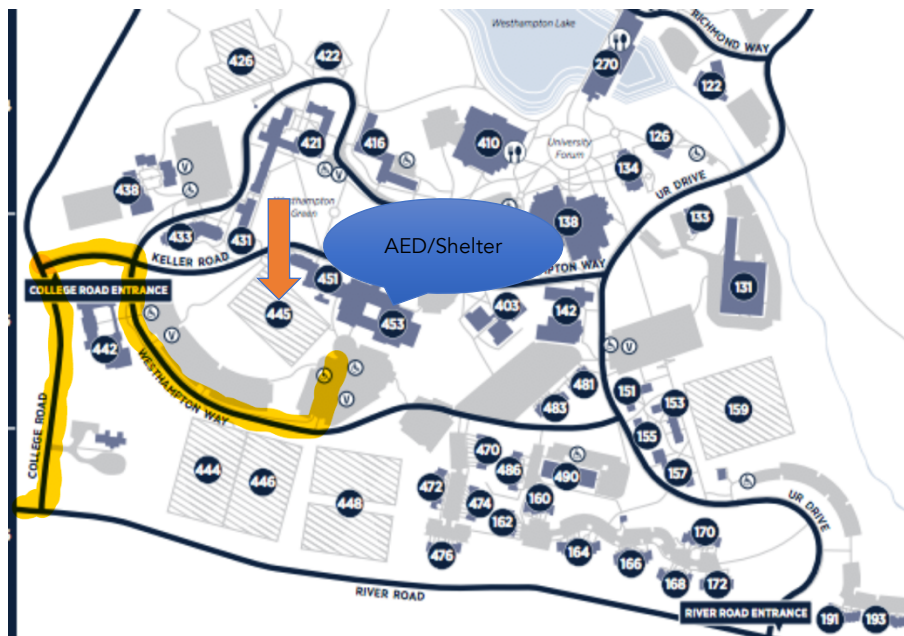
Position where personnel will meet emergency help:

- One person will be on Crenshaw Way by parking lot entrance to direct ambulance.

Contact campus police in the event of a medical emergency or disruptive incident.
University of Richmond Police: 804-289-8911

If campus police are called you MUST call the On-Call Director at (804)-335-6791.

Please fill out an injury report and return to Sports Club Athletic Trainer.



AED/Lightning Safe Shelter: Modlin Center (open every day of school year 8am-midnight)

Emergency Plan: *Intramural Fields (Outdoor Sports Complex)*
159 UR Drive Richmond, VA 23173

Emergency Personnel: certified athletic trainer and/or Safety Officers on site for practice and competition

Emergency Communication: Fixed telephone lines accessible from IM shed or by the cellular phone carried by the athletic trainer/Safety Officer.

Emergency Equipment: AED located inside IM shed; Sport Club First Aid Kit; additional emergency equipment accessible from Weinstein Center Sport Club Athletic Training Room.

Roles of Safety Officer/First Responder

1. Immediate care of the injured or ill student-athlete
2. Activation of emergency medical system (EMS)
 - Call University Police at 289-9111 (8911 from fixed telephone line): provide name, location of field, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested
3. Emergency equipment retrieval
4. Direction of EMS to scene
 - Designate individual to "flag down" EMS and direct to scene
 - Scene control: limit scene to first aid providers and move bystanders away from area.

Venue Directions: 159 UR Drive Richmond, VA 23173: Enter University from River Road entrance by apartments onto UR Drive. Continue past the IM Shed and take a RIGHT onto the brick pathway between the fields and Gateway to access the fields.

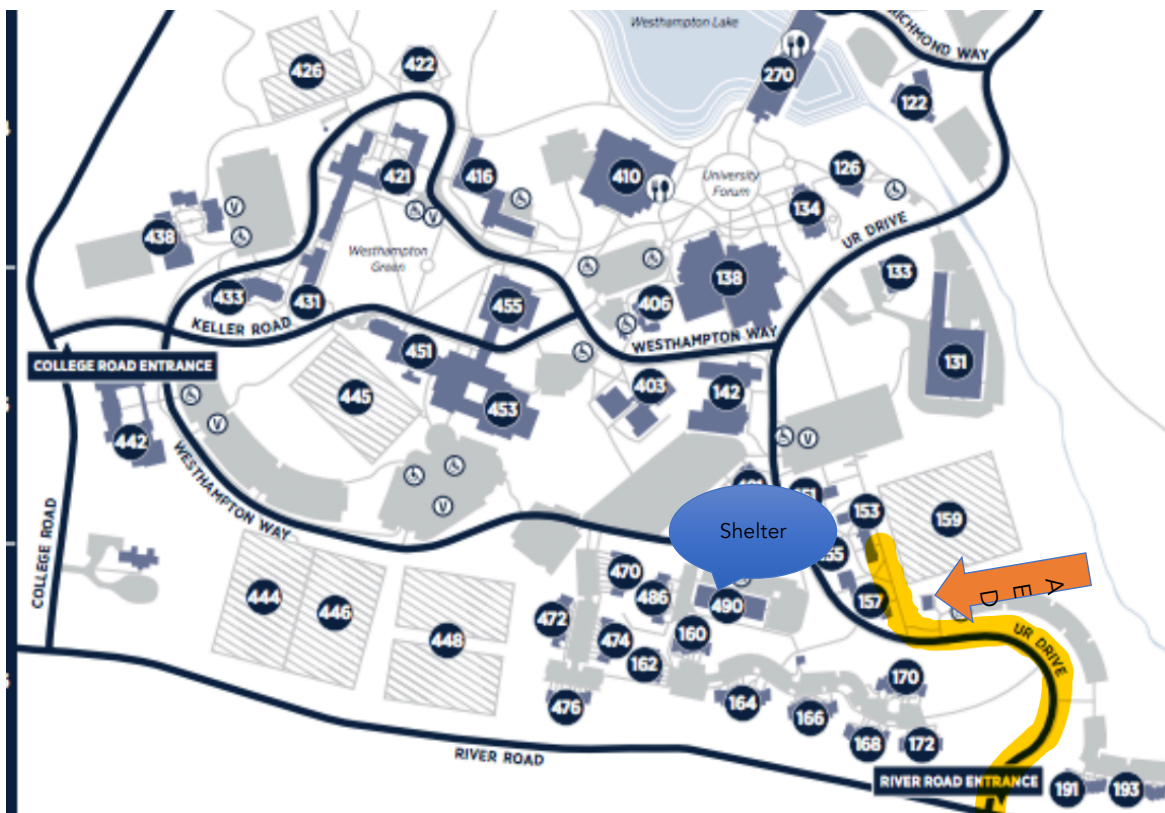
Position where personal will meet emergency help:

- One person will be at the entrance to the brick walkway to direct ambulance.

Contact campus police in the event of a medical emergency or disruptive incident.
University of Richmond Police: 804-289-8911

If campus police are called you MUST call the On-Call Director at (804)-335-6791.

Please fill out an injury report and return to Sports Club Athletic Trainer.



Lightning Safe Shelter: Special Programs Building (open 24 hours a day)

Emergency Plan: *River Road Upper & Lower Fields*
448 Westhampton Way Richmond, VA 23173

Emergency Personnel: certified athletic trainer and/or Safety Officers on site for practice and competition

Emergency Communication: cellular phone carried by the athletic trainer/Safety Officer and/or blue light emergency phone located adjacent to the 1900 block of University Forest Apartments

Emergency Equipment: AED located inside Modlin Center; Sport Club First Aid Kit; additional emergency equipment accessible from Weinstein Center Sport Club Athletic Training Room.

Roles of Safety Officers/First Responders

1. Immediate care of the injured or ill student-athlete
2. Activation of emergency medical system (EMS)
 - Call University Police at 289-9111 (8911 from fixed telephone line): provide name, location of field, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested
3. Emergency equipment retrieval
4. Direction of EMS to scene
 - Designate individual to "flag down" EMS and direct to scene
 - Scene control: limit scene to first aid providers and move bystanders away from area.

Venue Directions: *448 Westhampton Way Richmond*; Enter University from River Road entrance onto College Road. Turn Right onto Westhampton Way and the next right onto Crenshaw Road. Look for dirt road leading onto the field on the Right.

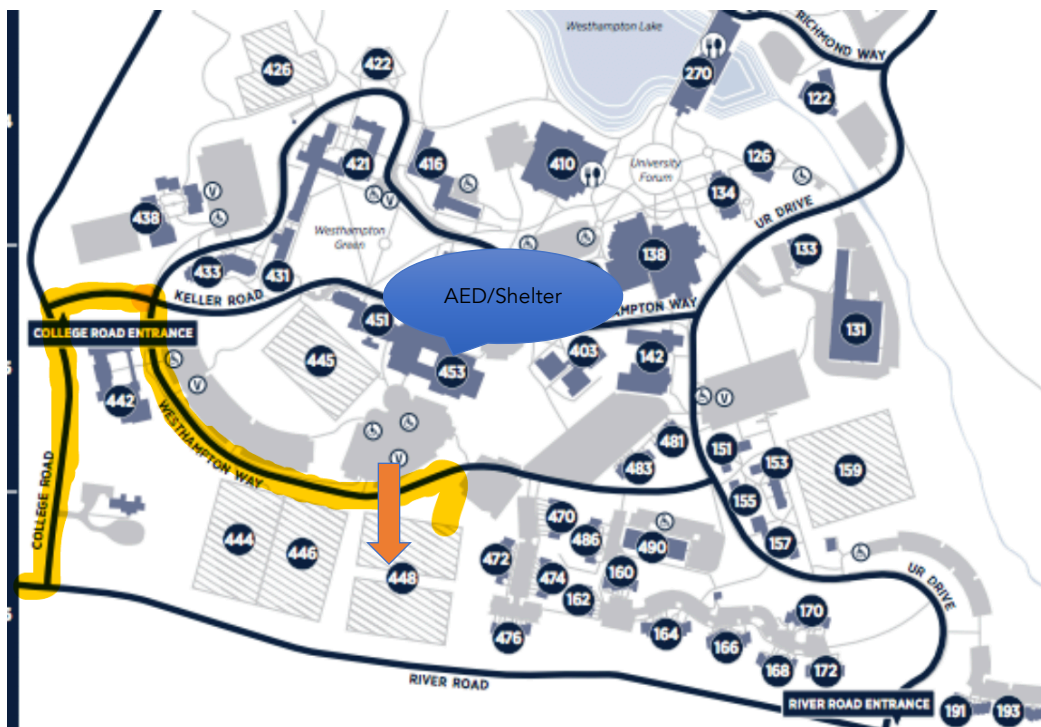
Position where personal will meet emergency help:

- One person will be at the field entrance on Crenshaw Way.

Contact campus police in the event of a medical emergency or disruptive incident.
University of Richmond Police: 804-289-8911

If campus police are called you MUST call the On-Call Director at (804)-335-6791.

Please fill out an injury report and return to Sports Club Athletic Trainer.



AED/Lightning Safe Shelter: Modlin Center (open every day of school year 8 am-midnight)

Emergency Plan: **Weinstein Center for Recreation**
361 College Road Richmond, VA 23173

Emergency Personnel: certified athletic trainer and/or Safety Officers on site for practice and competition

Emergency Communication: Fixed telephone lines at Member Services desk or by the cellular phone carried by the athletic trainer/Safety Officer. Emergency call box located in gymnasium.

Emergency Equipment: AED's and First Aid kits located at water stations on both the first and second floor. Additional emergency equipment is accessible from Weinstein Center Sport Club Athletic Training Room.

Roles of Safety Officers/First Responders

1. Immediate care of the injured or ill student-athlete
2. Activation of emergency medical system (EMS)
 - Call University Police at 289-9111 (8911 from fixed telephone line): provide name, location of field, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested.
3. Emergency equipment retrieval
4. Alert Manager on Duty in Weinstein Center for assistance.
5. Direction of EMS to scene
 - Designate individual to "flag down" EMS and direct to scene
 - Scene control: limit scene to first aid providers and move bystanders away from area.

Venue Directions: **361 College Road;** Enter University from Boatwright Road. Take a left at second entrance for Robins Stadium. Make a left at parking lot entrance. Weinstein Center for recreation is the building with the white columns out front.

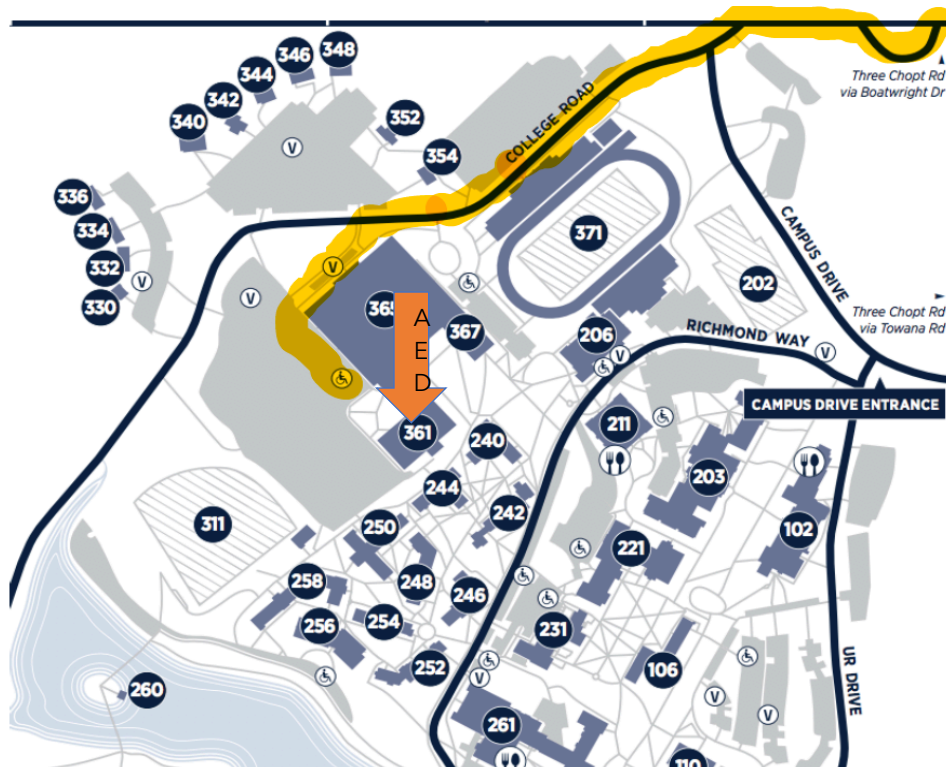
Position where personal will meet emergency help:

- One person will be out front of Weinstein Center.

Contact campus police in the event of a medical emergency or disruptive incident.
University of Richmond Police: 804-289-8911

If campus police are called you MUST call the On-Call Director at (804)-335-6791.

Please fill out an injury report and return to Sports Club Athletic Trainer.



Emergency Plan: **Westhampton Tennis Courts**
426 Westhampton Way Richmond, VA 23173

Emergency Personnel: certified athletic trainer and/or Safety Officers on site for practice and competition

Emergency Communication: Cellular phone carried by the athletic trainer/Safety Officer or Blue Light Emergency Phone at tennis courts

Emergency Equipment: AED is located at Crenshaw Field Shed. Additional emergency equipment is accessible from Weinstein Center Sport Club Athletic Training Room.

Roles of Safety Officers/First Responders

1. Immediate care of the injured or ill student-athlete
2. Activation of emergency medical system (EMS)
 - Call University Police at 289-9111 (8911 from fixed telephone line): provide name, location of field, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested.
3. Emergency equipment retrieval
4. Alert Manager on Duty in Weinstein Center for assistance.
5. Direction of EMS to scene
 - Designate individual to "flag down" EMS and direct to scene
 - Scene control: limit scene to first aid providers and move bystanders away from area.

Venue Directions: 426 Westhampton Road; From Three Chopt Road, turn onto Boatwright. Bear right onto College Road. Turn Left onto Keller Road (Westhampton Entrance). Take first left onto Westhampton Way. Proceed through parking lot on left and Tennis Courts will be on your left.

Position where personal will meet emergency help:

- One person will be at entrance to parking lot in front of Student Activities Complex

Contact campus police in the event of a medical emergency or disruptive incident.
University of Richmond Police: 804-289-8911

If campus police are called you MUST call the On-Call Director at (804)-335-6791.

Please fill out an injury report and return to Sports Club Athletic Trainer.

